

# UPSCALING ENERGISE LIVING LABS AND USER COMMUNITY – INTRODUCTION TO ELL TOOLS AND METHODOLOGY



Senja Laakso
Centre for Consumer Society Research, University of Helsinki





## **ENERGISE LIVING LABS**





ELL1 with individual households
ELL2 for a community of households

Close collaboration with other partners





#### ENERGISE LIVING LAB 1 (individual)

#### DEFINING THE CONTEXT

Spatial, geographical, infrastructural, institutuional aspects, and the prior sets of social rules, norms and values

#### **IDENTIFYING INTERVENTIONS**

Ways to facilitate changes in everyday life situations or in complex interactions

#### LEARNING ABOUT HOUSEHOLDS

Baseline on practices, energy use and carbon emissions, needs, motivations, concerns and expectations

#### TESTING

Implementing cross-culturally effective engagement methods in real-life and continous monitoring of the process.

#### REFLECTING AND LEARNING WITH HOUSEHOLDS

Experiences from the testing

#### ANALYSING AND EVALUATING

the outcomes and scalability: Sustainability Assessment Toolkit (SAT)



#### ENERGISE LIVING LAB 2 (community)

#### **GROUP DISCUSSION**

with other househols and experts

#### COLLECTIVE ELEMENTS

peer to peer support and learning

#### GROUP DISCUSSION

virtual/real-life meetings

#### DIFFUSION

of practices within the community







## 1/5 DEFINING THE CONTEXT & IDENTIFYING INTERVENTIONS

Interviews with local experts

Expert panel workshop

**Local partners** 

**Country reports** 

#### **DEFINING THE CONTEXT**

Spatial, geographical, infrastructural, institutuional aspects, and the prior sets of social rules, norms and values

#### **IDENTIFYING INTERVENTIONS**

Ways to facilitate changes in everyday life situations or in complex interactions SECI database →

Five categories of initiatives which are likely to work across
Europe: needsbased tailored support; pioneering practices; challenges; peerto-peer; and learning by doing





## 2/5 LEARNING ABOUT HOUSEHOLDS

#### LEARNING ABOUT HOUSEHOLDS

Baseline on practices, energy use and carbon emissions, needs, motivations, concerns and expectations

Recruitment survey

**Baseline survey** 

**Deliberation** interviews

**GROUP DISCUSSION** 

with other househols and experts





## 3/5 TESTING

#### **TESTING**

Implementing cross-culturally effective engagement methods in real-life and continous monitoring of the process

**COLLECTIVE ELEMENTS** 

peer to peer support and learning

**Discussion forum** 

Laundry and heating challenges

Challenge kits

Weekly surveys & diaries





## 4/5 REFLECTING AND LEARNING WITH HOUSEHOLDS

#### REFLECTING AND LEARNING WITH HOUSEHOLDS

Experiences from the testing

GROUP DISCUSSION virtual/real-life meetings

**Reflection interviews** 

**Closing surveys** 

Follow-up









## 5/5 ANALYSING AND EVALUATING

#### ANALYSING AND EVALUATING

the outcomes and scalability: Sustainability Assessment Toolkit (SAT) of practices within the community

**Analysis** 

ELL guidelines and tools online

**Online community** 

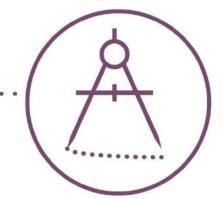
**Final events** 







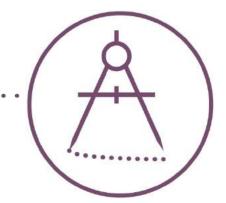
## **CONCLUSIONS**



- For social norms and conventions to be challenged, interventions could focus on communities
- Meetings for deliberation and reflection can be important points for rupture. Households should also have a forum for sharing their thoughts and experiences.
- Making energy use visible is important, with other support so that the households learn to link energy use to daily practices.
- Final events and local collaboration can support scaling up of the outcomes



## DO YOUR OWN PRACTICE-BASED LIVING LAB!



Step-by-step ELL guidelines and online tools: <a href="mailto:energise-project.eu/livinglabs">energise-project.eu/livinglabs</a>

ELL background documents and other material: <a href="mailto:energise-project.eu/deliverables">energise-project.eu/deliverables</a>

Online community for everyone interested in energy use and sustainable energy initiatives:

facebook.com/groups/ENERGISEdiscussion/





## ENERGISE

## **THANK YOU!**

Senja Laakso, senja.laakso@helsinki.fi
The University of Helsinki team:

Eva Heiskanen, Eeva-Lotta Apajalahti and Kaisa Matschoss





